

# PROGRESS HIGH SCHOOL NEWSLETTER



#### **MARCH 2025**

## Women's History Month



March is the official month where we appreciate all women, no matter the race, color, language, height, or size. March is a reminder of the strength, resilience, and determination that women bring to every aspect of life. From breaking barriers in various fields to nurturing families and communities, women continue to inspire and lead with grace and courage. Many women are doctors, attorneys, judges, teachers and so much more. Some are still looked down on,

but that didn't stop them from achieving their goals and reaching for success. Also, lets not forget that we came from a woman, which means that we should know to celebrate and respect all women that reach for the best. Women are not just beauty, but also brilliance and strength. Just like how Rihanna said "There's something so special about a women who dominates in a man's world. It takes a certain grace, strength, intelligence, fearlessness and the nerve to never take a no for an answer."

#### **PSAT & SAT**

The PSAT and the SAT are now coming up, so please take this time to study and get ready to take this test. For the Sophomores, please do not take these opportunity for granted, you can view how the SAT will look and feel like so you can be better prepared for the SAT in your junior year. You have the opportunity to have a sense of how the test will be so you can get the best scores possible. For the Juniors, take your time and do not rush the SAT, you have until March 12 to practice and study. Try your best so you can have better chances for getting into any college you wish to apply to next year. We believe in all of you and wish you best of luck on taking this exam, do not stress about it and have a clear mind for the day of the exam. You can do it!!

## Vision Screening

We are pleasant to inform you all that we would be having our first vision screening on Thursday, March 6th. The Optical Academy would be giving all of PROGRESS students a vision screening and giving them free glasses for those who need one. We would really like to thank our wonderful principal, Dr. Peña, for this amazing opportunity to all students. The vision screenings would start at 11:00 am in the auditorium and will continue until 2:35 pm.



# Congratulations!



Shot out to all the wonderful students that participated in the Black History Month Concert. Special thanks to Ms. McMilan and our NHS members that made this amazing and musical town hall possible. You all looked wonderful on stage and did such a great job to commemorate this special month to our fellow African Americans.

## Upcoming Events:

- Mar. 03: SENIOR Election for Prom Theme
- Mar. 6: Vision screenings in auditorium from 11am to 2:35pm
- Mar. 11: Monroe College Trip
- Mar. 12: SAT for Juniors PSAT for Sophomores Algebra Mock Exam for Freshman
- Mar. 12: SENIOR TRIP American National Museum of History
- Mar. 14: Jersey Day & MP1 Ends
- Mar. 17: PTA Meeting @ 5pm
- Mar. 17: St. Patrick's Day (Show your Spirit by wearing something Green)
- Mar. 19: FRESHMAN TRIP Sky Rink Chelsea Piers
- Mar. 20: Parent Teacher
  Conference 4:30pm 7pm
- Mar. 21: Parent Teacher
  Conference 12:15pm 2:45pm
  (Early Dismissal)
- Mar. 25: Mustache Day Library 9th pd.
- Mar. 27: International Women's Month Town Hall in Auditorium 6th pd.
- Mar. 31: Eid Al-Fitr (School Closed)



By: Senior Student Government Vice-President, Joselyn Zhinin Morales